



# IDAS

safe lives, free from abuse and violence



**Helplines:** 03000 110 110 (North Yorkshire and Barnsley) or 0808 808 2241 (Sheffield)

[www.idas.org.uk](http://www.idas.org.uk)    @idasfor100

# Introduction to IDAS

- The leading specialist domestic abuse charity in Yorkshire
- Provide expert advice and support to people affected by domestic abuse & sexual violence
- Confidential helpline
- Safe accommodation
- Practical and emotional support
- Training for professionals.

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# 2022 at a glance

- 25,000 helpline calls
- 18,000 referrals
- Supported 10,000 people in the community
- Housed over 250 families
- Trained 8,000 professionals





## Safe Accommodation

IDAS has safe accommodation for anyone fleeing domestic abuse.

We have women only refuges, self-contained flats, Safe Havens (volunteer host accommodation) and access to the refuge database.

We can help find accommodation across Yorkshire and nationwide.

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# Support for adult survivors

- We provide 1-1 support for survivors of domestic abuse and sexual violence through a needs-led, trauma-informed approach.
- We support survivors to create a personalised safety plan and offer practical solutions to keep them safe at home.
- We also offer group support to empower and rebuild confidence
- We also have Court IDVA's to support survivors going through family court and offer continued training to magistrates.

A woman with blonde hair is hugging a young child with brown hair from behind. They are standing in front of a brick wall. The woman is wearing a black sweater over a white collared shirt. The child is wearing a red hoodie. The woman has a ring on her finger.

## Support for children and young people:

IDAS supports young people and children across York and North Yorkshire via our Respect Young People's Programme and through our DAWFA (Domestic Abuse Whole Family Approach).

Both programmes work with the whole family including those families where young people are being abusive to their parents or siblings.

Our community teams across York and North Yorkshire support young people under the age of 16 years who have been abused or sexually assaulted.



# Our work in Skipton and Ripon

- Our Craven team dedicated time to going out into some of the most rural areas of the district to make important connections and share resources.
- We will be beginning workshops with Craven College through their Enrichment Programme.
- Our team attended Ripon Races and had stalls for games and a silent auction to fundraise.
- Our refuge team have built good relationships with local services in Ripon to ensure clients are supported when they move into the community for example with sourcing appliances and bedding.

£20 could provide essential supplies to a family escaping domestic abuse  
£60 could help fund a night in emergency accommodation for a family  
£100 could provide support sessions to help someone recover from abuse

# Future Development

- Continue to provide high-quality support and accommodation.
- Transform systems through local partnership work
- Inspire change through training, prevention, education and awareness raising work
- Further develop our “Whole Community Approach” and increase our presence in rural communities

• “You have done so much for me, I don’t know where to start. I want you to know that I thank you from the bottom of my heart. Thanks to you, I have a lovely fresh start and for once in my life, my life feels like living” (survivor)



# Any Questions?